



Health & Safety Policy

HEALTH & SAFETY POLICY STATEMENT:

Mountain Sojourns is strongly committed to encouraging our employees/participants to take part, but the health, well-being and safety of each individual is always our paramount concern."

HEALTH & SAFETY POLICY:

To support our Health & Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of all activities undertaken by the organisation
- Create a safe environment by putting health & safety measures in place as identified by the assessment
- Ensure that all staff and volunteers are aware of, understand and follow the organisations health & safety policy.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all employees
- Provide access to adequate first aid facilities, telephone and qualified first aider as appropriate.
- Report any injuries or accidents sustained during any organised activity in accident report book.
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.
- A briefing will be held at the beginning of each planned activity.

Staff and Volunteers HAVE A DUTY TO:

- Take reasonable care for your own health & safety and that of others who may be affected by what you do or not do
- Co-operate with the organisation on health & safety issues
- Correctly use all equipment provided by the organisation
- Not interfere with or misuse anything provided for your health, safety or welfare.

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